**JAI YOGA AUSTRALIA**

**200HOUR YTT**

**APPLICATION FORM**

Namaste Yogi,

We’re glad you found us and delighted you’ve got this application in your hot little

hands! We, Jane and Amy, both remember the excitement of sending off our first

200Hour application. This is a beautiful time and a special decision. Blessings to you!

Take your time with this application. Marinate on the deeper questions and pour

yourself onto the page. Enjoy it. If you want to ask us anything about this form, please

feel free to contact us. It should be pretty straightforward though! Let it come from your

heart x

**INSTRUCTIONS**

1/ Complete the form below

2/ Send a copy to [hello@jaiyoga.com.au](mailto:hello@jaiyoga.com.au)

3/ We’ll check your application and confirm your acceptance

4/ On acceptance, send us your ID and pay the deposit to secure your place

Course fees should be paid in full, one month prior to commencement of course

5/ Do a celebration dance! You’re about to enter into a month of healing and transformation, and absorb the tools to build a new life filled with love, compassion, prosperity, bliss and joy

PS feeling the fear? We know how you feel, we’ve been there. Please feel free to get in touch with any questions. We’ll look after you. We got you. Promise.

PERSONAL DETAILS

|  |  |
| --- | --- |
| Your Full Name |  |
| Preferred Name |  |
| Email |  |
| Mobile |  |
| Social Media |  |
| Date of Birth |  |
| Occupation |  |
| Nationality |  |
| Country of residence |  |
| Passport / DL number |  |
| Emergency Contact |  |
| Relation to You |  |
| Email |  |
| Mobile |  |
| Please list any limitations or conditions that could prevent you from participating fully in the course. Are you on medication? Is there anything you’d like us to know about your personal health? This is confidential and will only be recorded to support you in your participation and for your safety. | |
|  | |

YOUR YOGA STORY

Please write your answers in the blank field below the question

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| --- |
| How long have you been practicing Yoga, and how often? |
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| Which styles have you practiced and who were your teachers? |
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| If you are certified, please provide your qualification details |
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| What inspired you to come and train in Tantric Hatha. Please describe any or all motivations or experiences that brought you here |
|  |
| What is your intention on completion of this course? Do you want to teach? Why? Why not? |
|  |
| What are the key three things you hope to gain from this training? |
|  |
| What is your superpower and what is your greatest drawback? |
|  |
| What is your favourite thing about Yoga? |
|  |
| Do you meditate? Which style? How often? When? |
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| --- |
| If you are intending to teach, what is it that you hope to gain from this vocation? |
|  |
| Please write 400 words about yourself and your Yoga story that you think is relevant to this application. A Yoga story, a life experience, a secret wish, an intention or something similar that could give us some insight into who you are. |
|  |
| List three things that light you up! |
|  |
| List three things that scare you |
|  |
| How did you hear about this course? |
|  |
| Is there anything else you’d like to share with us before the journey? |
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